

Over The Moon

spiritual inspiration for the modern woman

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BY ADELINA SARKISYAN / THE STARS / JULY 30, 2015

WILD + BEAUTIFUL: THE AQUARIUS FULL MOON



“

Eighty-eight thousand six-hundred different species in North America. In the trees, the grasses around us. Maybe more, maybe several million on each acre of earth. This one as well as any other. Where you are standing at dusk. Where the moon appears to be climbing the eastern sky. . . Where, resting, you feel the perfection, the rising, the happiness of their dark wings.

— Mary Oliver, ‘Buck Moon—From the Field Guide to Insects’ ”

The month of July is blessed with two Full Moons, one to open the month and one to close it—like two hands enclosing upon a month of transformation and reflection. The first Full Moon was in Capricorn, urging us to balance the internal and external pulls and connect with the wisdom of Earth and Mother Goddess. This second Moon, known as a Blue Moon, is on July 31st in the sign Aquarius with the Sun in Leo opposing. A Full Moon is a time of manifestation and culmination; like the feminine chalice of the world overflowing with light, realization and truth.

Aquarius is a Fixed, Air Element and its myth represented by the water-bearer, a celestial figure who pours waters of knowledge and clarity to earth. The myth follows the story of Ganymede, a young prince of Troy who becomes Zeus’ cup-bearer. In one legend, Ganymede refuses Zeus and pours out all the water, which falls to Earth and causes rains and the great flood. Zeus realizes his wrongdoing and makes Ganymede an immortal as the constellation Aquarius. In another legend, while traveling with Zeus, Ganymede decides to bring water to all the people of Earth and is eventually glorified as Aquarius, God of Rain, and made into a constellation.

The magic and mysticism surrounding this Blue Moon comes during a Venus Retrograde, which calls on us to reflect on love, relationships and our abilities to connect to and bring beauty into our lives and into the world. Aquarius, though humanitarian, honest, original and independent, also has shadows: unpredictable, unemotional, detached and rebellious.

Associated with water—rain, floods, oceans, rivers, lakes—the bringer of life and creation (and one of the most purest elements), Aquarius represents the sea of consciousness as well as independent creation. Although a Masculine, Air Sign, because Aquarius rules Water, the feminine archetype of the goddess and priestess are ever present. This element is deeply connected to emotion, intuition and creativity. Thus, Aquarius, and this moon, represent our return to She—the Sacred Feminine.

This Full Moon, we are encouraged to embrace the unique + strange parts of ourselves; parts we may have been repressing for fear of rejection. We are asked to be wild again—to find authentic freedom + purpose, and the blocks or shadows that may be keeping us from it. Now, we are told to reflect on the love and beauty we have been denying ourselves and to step into our authenticity as powerful and eclectic beings. Embrace the strangeness. The Full Moon in Aquarius asks:

How will embody your truth, in your own unique + authentic way?

Because Aquarius rules universal consciousness, the overarching element of Air will charge us to be visionary in our endeavors. We may want to follow our soul’s song but find that the shadows keep blocking the speakers. However, the opposing Sun in Leo will balance feelings of personal versus universal truth. We may find ourselves connecting to souls that are more in alignment with our own. We may also find our own truth in relation to others, whether it’s family, friends or the universe. If you’ve been journeying inward, maybe it’s time to leave the inner world and journey out—to the mountains, deserts, oceans, forests. To your tribe.

This Full Moon, the bringer of purity, truth and discovery, will allow us to find where we are and how we may be able to use our unique skills to create magic. And because Leo is a sign that is a very creative and loves to share her gifts with the world, this may be a time to let go of ego and use our unique passions and gifts to light the world instead. The Full Moon asks:

What is your one wild + beautiful vision for this one wild + beautiful earth?

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OVER THE MOON MAGAZINE

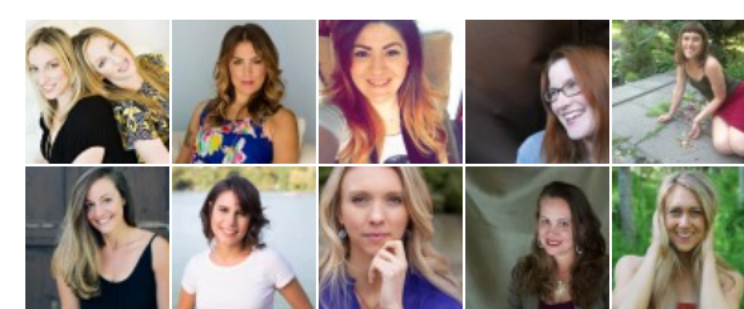
spirituality
that feels more like
sipping champagne
& less like burning incense



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