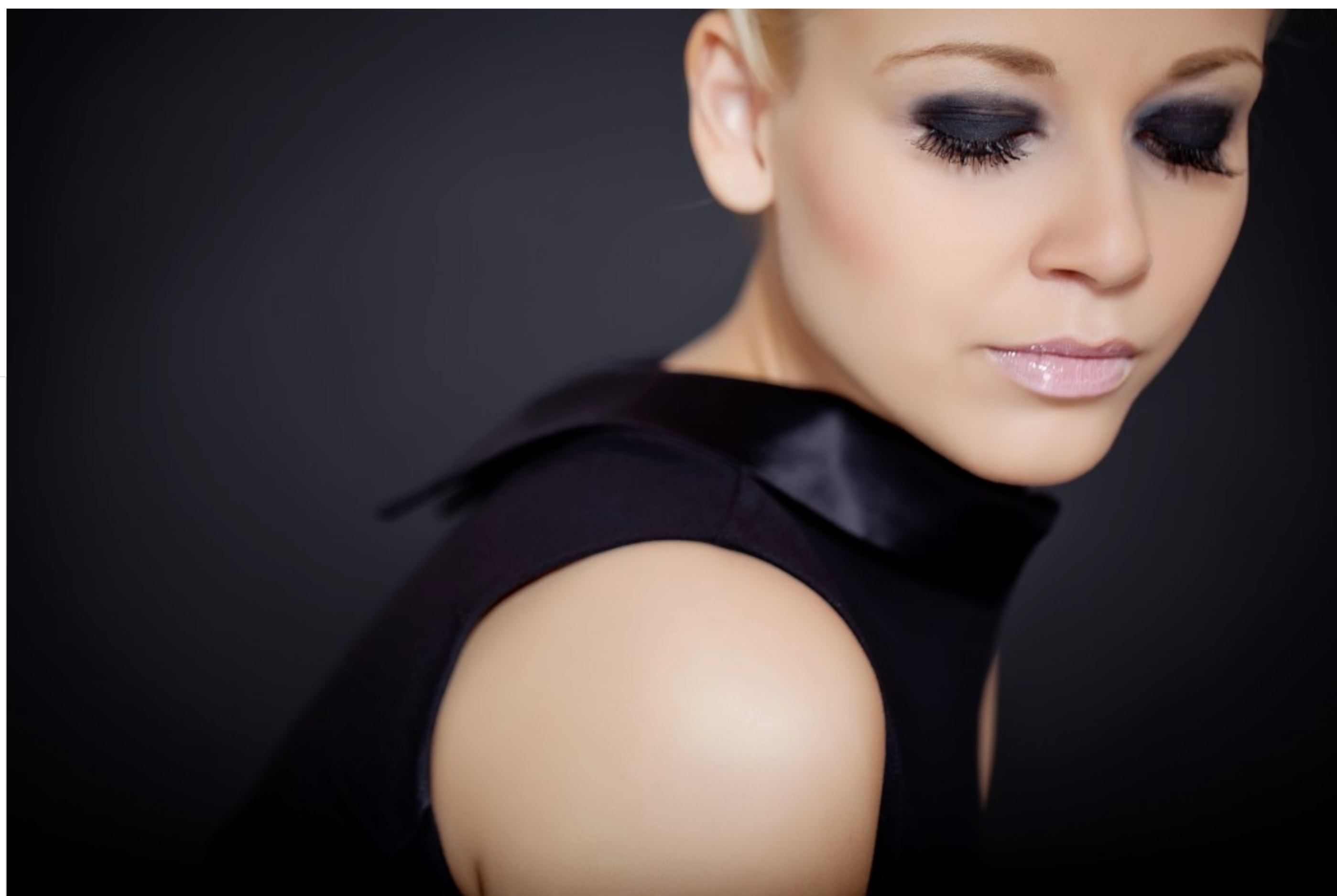


Over The Moon

THE DIVINE / THE FEMININE / THE SOUL / THE BODY / THE STARS

BY ADELINA SARKISYAN / THE STARS / APRIL 30, 2015

EMBRACE YOUR REBIRTH THIS FULL MOON



“ and once I saw her / lift from her wagon the Flower Moon, / round and full and milk-white / as a woman’s breast, / and she kissed it, / and she sang to it, / she tossed it high above the trees, then gave / another to the shining river. ~Mary Oliver, *Flower Moon – How She Travels* ”

There is beauty in our rebirth. Even the darkness wants to be held.

With the Full Flower Moon upon us on May 3rd, the subconscious can be heard once again, calling out to us. While the Sun (conscious masculine) allows us to explore the health of our selves and ego, the Moon (subconscious feminine) urges us to explore what lies beneath. We must undergo an exploration of the underworld, as Persephone does every Winter with her return to the underworld. With the Moon in its divine fullness, the Sun’s light is free to illuminate the hidden aspects of ourselves.

Scorpio is the eight astrological sign with the image of Scorpius, a giant scorpion sent by Gaia (or Artemis, depending in the myth) to kill Orion. According to the myth, Orion had been boasting that because he was such a great hunter, he would kill every creature on earth. This angered Artemis, Goddess of the Hunt, and such, a scorpion was sent to kill Orion. After, Scorpius was placed in the heavens as a constellation along with Orion.

Scorpio, a water element fixed in nature, is associated with emotion, intense passion, mystery and intuition. It is not afraid of the darkness within because it knows that we cannot be whole by loving ourselves in parts. *Do you only love yourself when you are light, happy and in your joy? Do you shame yourself when the shadows creep up?* Now is the time to embrace and integrate everything that has been suppressed within. The more you allow yourself to have self-worth and self-love only when you are ‘in the light,’ the more your soul cries out to be loved as is.

This is a painful journey and the Full Moon in Scorpio acknowledges that; yet, the pain is not of shame, hatred or toxicity but that of wholeness. It is the pain of finally loving the denied, ignored, unwanted and suppressed. These are parts of you that do not know of love, so you must be gentle with yourself during this process. But you cannot move forward without acknowledging what is, what has been and what is no longer. The Sacred Feminine is not only love and light—the dark goddess speaks. The Full Moon asks:

Tell me, sister, what are you afraid of?

With the moon in Scorpio, our subconscious becomes very active and intuition is heightened. We have the ability to explore the unexplainable, the mystical, the mysterious. Emotions will be intense and passionate. Scorpio asks us to dive into the pool of the darkness and fish out the beautiful and the misunderstood. In the conscious world, we may avoid dipping even a toe into this pool of subconscious darkness, ultimately ignoring those places we wish did not exist.

This is a time to walk with the shadows. The more we resist and shame; the stronger they become. Once we fully align ourselves with our shadow side, we can find balance in the light and the dark. We must look back, like Persephone, into the darkness and find what must die and what must be rebirthed. Old and misunderstood qualities can be transformed. Allow the light of awareness to send you into your shame and resentment. Allow yourself the touch of your love.

This is a time to embrace the life, death, life process of all things—the symbolic death and rebirth of the soul. With the Sun in Taurus holding us steadfast and patient in the process, the two symbols hold within us the dark underworld and the light, conscious world; the worlds of old and the worlds of new. Through the Scorpio Moon and to the Taurus Sun, we will bring forth all that is ready to reintegrated into our true selves. The Full Moon asks:

Are you ready to trust the dark goddess of your soul to guide you to your true + sacred self?

What does it taste like to finally love yourself?

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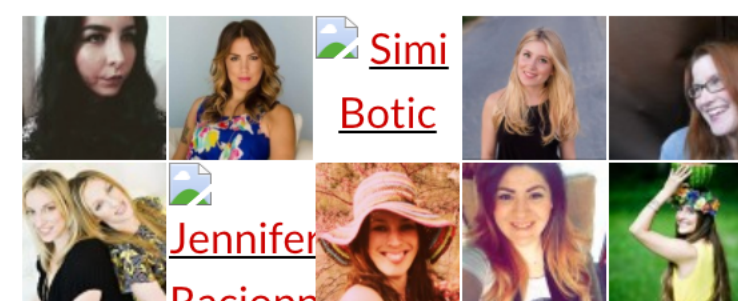
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that feels more like
sipping champagne
& less like burning incense

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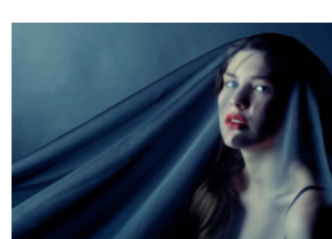


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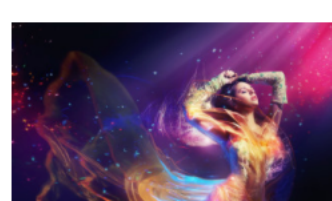
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